

# TOM VAN DAELE

## PERSONAL DETAILS

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Personal website	www.epsychology.be
Citizenship	Belgium
Licenses	Registered Psychologist, Admission Number 861111110 Visa holder clinical psychologist, visa number 263884

## SUMMARY

I am research coordinator Psychology and technology at Thomas More University of Applied Sciences, a research fellow at KU Leuven and a visiting scholar at Queens' University Belfast. As a clinical psychologist, I primarily conduct research in mental healthcare, where I focus primarily on the added value of technology.

## EDUCATION

### University of Leuven

- |             |   |
|-------------|---|
| 2009 – 2013 | Doctor of Philosophy in Psychology <ul style="list-style-type: none"><li>- PhD Topic: A psychoeducational approach to stress management. An implementation and effectiveness study.</li><li>- Supervisor: em. Prof. dr. Omer Van den Bergh</li><li>- Co-supervisors: Prof. dr. Dirk Hermans &amp; Prof. dr. Chantal Van Audenhove</li></ul> |
| 2006 – 2009 | Qualified teacher in Psychology   |
| 2004 – 2009 | Master of Science, Clinical and Health Psychology<br>Specialization in health psychology aimed at children and adolescents <ul style="list-style-type: none"><li>- Master thesis topic: An RCT of a 'stress control' intervention in students</li><li>- Supervisor: Prof. dr. Dirk Hermans</li></ul>  |

## RESEARCH EXPERIENCE

### Queen's University Belfast

*Visiting scholar, School of Social Sciences, Education and Social Work*

- Centre member, Centre for Technological Innovation, Mental Health and Education (september 2023 – heden)
- Onderzoekspartner, Immersive Technologies and Digital Mental Health Network (september 2020 – augustus 2023)

### KU Leuven

*Research fellow, Centre for the Psychology of Learning and Experimental Psychopathology (February 2020 – present)*

- Various ad hoc projects, amongst other concerning virtual reality for the treatment of specific phobia.

*Research fellow, Research Group on Health Psychology (January 2015 – January 2020)*

- Various ad hoc projects ranging from the role of autobiographical memory in depression, to the potential of VR for treatment of public speaking and to the effects of safety seeking behavior on fear reduction.

### Thomas More University of Applied Sciences

The expertise unit conducts applied, practice-oriented research in the field of psychology and technology. There is a strong focus on the interaction between both domains and the synergy they create, in particular within mental healthcare and human-technology interaction. More information can be found on [www.digitalmentalhealth.be](http://www.digitalmentalhealth.be).

*Research coordinator Psychology and technology, Research group People and Well-being, Centre of Expertise Care and Well-being (December 2016 – present)*  
*Researcher - Lecturer Applied Psychology (October 2013 – November 2016)*

- Conducting and managing research on the possibilities of technology for psychology and vice versa. Selection of projects:
  - 2023 – 2025 [interregnorthsea.eu/SUPER](http://interregnorthsea.eu/SUPER)  
User participation examples and recommendations in digital mental health: project partner of a 400k Interreg North Sea project, funded by ERDF & own cofinancing
  - 2022 - 2024 [immersivementalhealth.be](http://immersivementalhealth.be)  
immersive technology with biofeedback for relaxation: project partner of a 443k TETRA trajectory funded by Flanders Innovation and Entrepreneurship & cofinancing by Flemish partners
  - 2022-2024 @bc, [familieink.be](http://familieink.be)  
Attachment-focused Online Support: Stimulating Youth Resilience using Online Prevention of Attachment Ruptures in Families  
183k C3 project, funded by the KU Leuven IOF-council
  - 2020 – 2022 [m-path.io](http://m-path.io)  
evidence-based experience sampling for clinical practice: co-supervisor of a 499k C3 project, funded by the KU Leuven IOF-council

- 2020 – 2012 **onlinehulp-apps.be**  
appstore voor wel-being and mental health: project partner of a 192k COOCK-project, funded by Flanders Innovation and Entrepreneurship.
  - 2020 - 2021 **eHealth signpost**  
policy recommendations concerning technological and digital applications in care of welfare: promotor of a 45k project, financed by the Policy Research Centre on Welfare, Health and Family.
  - 2019 - 2021 **immersiveware.be**  
immersive technologies for healthcare: project partner of a 476k TETRA trajectory funded by Flanders Innovation and Entrepreneurship & cofinancing by Flemish partners
  - 2018 - 2020 **immersivetraining.be**  
immersive technologies for training and education within organisations: project partner of a 471k TETRA trajectory funded by Flanders Innovation and Entrepreneurship & cofinancing by Flemish partners
  - 2016 - 2022 [nweurope.eu/eMEN](http://nweurope.eu/eMEN)  
development and dissemination of e-mental health in mental healthcare: project partner of a 5.3M Interreg NWE project, funded by ERDF & own cofinancing
  - 2015 - 2018 **carewear.be**  
wearable technology in mental health care: project leader for 116k TETRA preparatory trajectory & 480k TETRA trajectory, funded by Flanders Innovation and Entrepreneurship & cofinancing by Flemish partners
  - 2013 - 2015 **touch2learn.be**  
mobile technology as a part of innovative teaching: research partner for education development fund study, funded by KU Leuven Association
- Human factor studies
    - Shaping the design of medication packaging designs, by developing and running experimental research designs, together with LiCalab. In the studies, which take place in an international setting, we rely on partners from other EU-countries like The UK, Denmark and Germany, partners from Asia and Oceania (Australia, China and Japan) and Latin and South-America (Brazil, Colombia and Mexico).

### **Policy Research Centre on Welfare, Health and Family, University of Leuven**

The goal of this center is to support the minister of welfare, health and family issues in pursuing an effective, innovative, and inclusive policy, and to do this by means of research results and empirical data.

*Researcher (September 2009 – September 2013)*

- 2011 Kleur Je Leven: Evaluating the possibilities of using an e-mental health intervention in a home nursing organization to prevent and treat comorbid depression in chronically ill patients
- 2009 STAP: Setting up and evaluating implementation of a stress management course.

## TEACHING EXPERIENCE

### Thomas More University of Applied Sciences

*Lecturer (2013 – present)*

- Applied Psychology & Technology (B-TM-Y03463; 2013 – 2022)
  - The purpose of this course is threefold. First, to provide students with a better grasp of the existing technological possibilities for psychological diagnosis, research, counseling and behavior modification. Second, to outline how psychological knowledge can be used to ergonomically optimize the design and usability of new technology. Third, to critically consider the behavioral and ethical implications of using various technologies.
- Supervising students' bachelor dissertations in applied psychology
- Guest lectures
  - o Bachelor courses on Health Psychology and Bachelor degree dissertation

### KU Leuven

*Guest lecturer (2015-2019)*

- E-mental health module in the Trends in e-Psychology MOOC on edx.org

*Teaching assistant (2012-2013)*

- Master course: seminar psychology of prevention and health promotion
- Master course: Psychology and Applied Communication
- Supervising graduate students' master dissertations both in psychology and general medical practice

## FREELANCE EXPERIENCE

### The Human Link

The Human Link was founded in 2004 with the goal to encourage companies, organizations and individuals to be involved with their psychological well-being in a preventive way. The Human Link offers services to companies, organizations and individuals.

*Freelancer (2014 – 2022)*

- Supporting research projects
  - o 2017 - 2019 **Patronus**  
Personalized Anxiety Therapy through Longitudinal & User-aware Services, on the potential of VR and wearables in the treatment of anxiety disorders: project partner of a 2.02M imec icon project (demand-driven, cooperative research) funded by imec and Flanders Innovation and Entrepreneurship

## PUBLICATIONS

### Book

**Van Daele, T.** (2019). *ePsychologie. Over technologie in therapie. [ePsychology. About technology in therapy]*. Ghent: Academia Press.

### International peer-reviewed

- Best, P. Kupeli-Holt, S., Elliot, A., Duffy, M., D'Arcy, J., & **Van Daele, T.** (in press). Low-cost virtual reality to support imaginal exposure within PTSD treatment: A case report study within a community mental healthcare setting. *Cognitive and Behavioral Practice*. <https://doi.org/10.1016/j.cbpra.2023.03.003>
- Buelens, F., Luyten, P., Claeys, H., Van Assche, E., & **Van Daele, T.** (2023). Usage of unguided, guided, and blended care for depression offered in routine clinical care: Lessons learned. *Internet Interventions*, 34, 100670. <https://doi.org/10.1016/j.invent.2023.100670>
- Smith, K. A., Blease, C., Faurholt-Jepsen, M., Firth, J., **Van Daele, T.**, Moreno, C., Carlbring, P., Ebner-Priemer, U. W., Koutsouleris, N., Riper, H., Mouchabac, S., Torous, J., & Cipriani, A. (2023). Digital mental health: challenges and next steps. *BMJ Mental Health*, 26, e300670. <https://doi.org/10.1136/bmjment-2023-300670>
- Haddouk, L., Milcent, C., Schneider, B., **Van Daele, T.**, & De Witte, N. A. J. (2023). Telepsychology in Europe since COVID-19: how to foster social telepresence? *Journal of Clinical Medicine*, 12(6), 2147. <https://doi.org/10.3390/jcm12062147>
- Scheveneels, S., De Witte, N. A. J., & **Van Daele, T.** (2023). The first steps in facing your fears The acceptability of virtual reality and in vivo exposure treatment for specific phobia. *Journal of Anxiety Disorders*, 95, 10265. <https://doi.org/10.1016/j.janxdis.2023.102695>
- De Witte, N. A. J., Buelens, F., Debar, G., Bonroy, B., Standaert, W., Tarnogol, F., & **Van Daele, T.** (2022). Handheld or head-mounted? An experimental comparison of the potential of augmented reality for animal phobia treatment using smartphone and HoloLens 2. *Frontiers Virtual Reality*, 3, 1066996. <https://doi.org/10.3389/frvir.2022.1066996>
- Van Assche, E., Bonroy, B., Mertens, M., Van Den Broeck, L., & Desie, K., Bolinski, F., Amarti, K., Kleiboer, A., Riper, H., & **Van Daele, T.** (2022). E-mental health implementation in inpatient care: Exploring its potential and future challenges. *Frontiers in Digital Health*, 4, 1027864. <https://doi.org/10.3389/fdgth.2022.1027864>
- Crunelle, C. L., **Van Daele, T.**, Van Laere, S., Blancke, S., Vanderbruggen, N., & Matthys, F. (2022). Remote consultations for mental health: patient experiences. *Journal of Community Health*. <https://doi.org/10.1007/s10900-022-01175-4>
- Bührmann, L., **Van Daele, T.**, Rinn, A., De Witte, N. A. J., Lehr, D., Aardoom, J. J., Loheide-Niesmann, L., Smit, J., & Riper, H. (2022). The feasibility of using Apple's ResearchKit for recruitment and data collection: considerations for mental health research. *Frontiers in Digital Health*, 4, 978749. <https://doi.org/10.3389/fdgth.2022.978749>
- Van Daele, T.**, Mathiasen, K., Carlbring, P. Bernaerts, S., Brugnera, A., Compare, A., Duque, A., Eimontas, J., Gosar, D., Haddouk, L. Karekla, M., Larsen, P., Lo Coco, G., Nordgreen, T., Salgado, J., Schwerdtfeger, A. R., Van Assche, E., Willems, S., & De Witte, N. A. J. (2022). Online consultations in mental healthcare: Modelling determinants of use and experience based on an international survey study at the onset of the pandemic. *Internet Interventions*, 30, 100571. <https://doi.org/10.1016/j.invent.2022.100571>
- Heyse, J., Ongenae, F., Depreeuw, B., Daeseleire, T., **Van Daele, T.**, De Backere, F., & De Turck, F. (2022). PATRONUS: Adaptation Algorithm for Virtual Reality Exposure Therapy. *Computer Methods and Programs in Biomedicine*, 107077. <https://doi.org/10.1016/j.cmpb.2022.107077>

- Best, P., Meireles, M., Schroeder, F., Montgomery, L., Maddock, A., Davidson, G., Galway, K., Trainor, D., Campbell, A., & **Van Daele, T.** (2022). Freely available virtual reality experiences as tools to support mental health therapy: A systematic scoping review and consensus based interdisciplinary analysis. *Journal of Technology in Behavioral Science*, 7, 100-114. <https://doi.org/10.1007/s41347-021-00214-6>
- Karayianni, E., **Van Daele, T.**, Despot Lučanin, J., Lopižić, J., & Carr, N. (2021). Psychological science into practice during the COVID-19 pandemic: A European perspective. *European Psychologist*, 26(4), 387-396. <https://doi.org/10.1027/1016-9040/a000458>
- De Witte, N. A. J., Joris, S., Van Assche, E., & **Van Daele, T.** (2021). Technological and digital interventions for mental health and wellbeing: an overview of systematic reviews. *Frontiers in Digital Health*, 3, 754337. <https://doi.org/10.3389/fdgth.2021.754337>
- De Witte, N. A. J., Broeckx, L., Vermeylen, S., Van Der Auwera, V., & **Van Daele, T.** (2021). Human Factors in Living Lab Research. *Technology Innovation Management*, 11(9/10), 21-29. <https://doi.org/10.22215/timreview/1462>
- van Leeuwen, H., Sinnaeve, R., Witteveen, U., **Van Daele, T.**, Ossewaarde, L., Egger, J. I. M., & van den Bosch, L. M. C. (2021). Reviewing the efficacy and clinical utility of telecommunication in treatment of people with severe emotion regulation disorders: tele-dialectical behavior therapy (Tele-DBT) in borderline personality disorder. *Borderline Personality Disorder and Emotion Dysregulation*, 8, 26. <https://doi.org/10.1186/s40479-021-00165-7>
- Ionescu, A., **Van Daele, T.**, Rizzo, S., Blair, C., & Best, P. (2021). 360° videos for immersive mental health interventions: a systematic review. *Journal of Technology in Behavioral Science*, 6, 631-651. <https://doi.org/10.1007/s41347-021-00221-7>
- De Witte, N. A. J., Adriaensen, I., Broeckx, L., Van Der Auwera, V., & **Van Daele T.** (2021). Cross-cultural differences in user-centred research: an international living lab study. *Health Informatics Journal* 27(3). <https://doi.org/10.1177/14604582211038268>
- Gaebel, W., Lukies, R., Kerst, A., Stricker, J., Zielasek, J., Diekmann, S., Trost, N., Gouzoulis, E., Bonroy, B., Cullen, K., Desie, K., Mulliez, A. E., Gerlinger, G. Günther, K., Hiemstra, H. J., McDaid, S., Murphy, C., Sander, J., Sebbane, D., Roeland, J., Thorpe, L., Topolska, D., Van Assche, E., **Van Daele, T.**, Van den Broeck, L., Versluis, C., Vlijter, O. (2021). Upscaling e-mental health in Europe: a six-country analysis and policy recommendations from the eMEN project. *European Archives of Psychiatry and Clinical Neuroscience*, 271(6), 1005-1016. <https://doi.org/10.1007/s00406-020-01133-y>
- De Witte, N. A., Carlbring, P., Etzelmueller, A., Nordgreen, T., Karekla, M., Haddouk, L., Belmont, A., Øverland, S., Abi-Habib, R., Bernaerts, S., Brugnera, A., Compare, A., Duque, A., Ebert, D. D., Eimontas, J., Kassianos, A. P., Salgado, J., Schwerdtfeger, A., Tohme, P., Van Assche, E., **Van Daele, T.** (2021). Online consultations in mental healthcare during the Covid-19 outbreak: An international survey study on uptake and experiences. *Internet Interventions*, 25, 100405. <https://doi.org/10.1016/j.invent.2021.100405>
- Tohme, P., De Witte, N. A. J., **Van Daele, T.**, & Abi-Habib, R. (2021). Telepsychotherapy during the COVID-19 pandemic: The experience of Lebanese mental health professionals. *Journal of Contemporary Psychotherapy*. <https://doi.org/10.1007/s10879-021-09503-w>
- Van Daele, T.**, Best, P., Bernaerts, S., Van Assche, E., & De Witte, N. A. J. (2021). Dropping the E: the potential for integrating e-mental health in psychotherapy. *Current Opinion in Psychology*, 41, 46-50. <https://doi.org/10.1016/j.copsy.2021.02.007>
- Debard, G., De Witte, N., Sels, R., Mertens, M., **Van Daele, T.**, & Bonroy, B. (2020). Making wearable technology available in mental healthcare through an online platform with stress detection algorithms: the Carewear project. *Journal of Sensors*, 2020, 8846077. <https://doi.org/10.1155/2020/8846077>

- Best, P., McKenna, A., Quinn, P., Duffy, M., & **Van Daele, T.** (2020). Can virtual reality ever be implemented in routine clinical settings? A systematic narrative review of clinical procedures contained within case reports for the treatment of PTSD. *Frontiers in Virtual Reality, 1*, 23. <https://doi.org/10.3389/frvir.2020.563739>
- De Witte, N. A. J., Scheveneels, S., Sels, R., Debar, G., Hermans, D., & **Van Daele, T.** (2020). *Augmenting exposure therapy: mobile augmented reality for specific phobia. Frontiers in Virtual Reality, 1*, 8. <https://doi.org/10.3389/frvir.2020.00008>
- Van Daele, T.**, Karekla, M., Kassianos, A. P., Compare, A., Haddouk, L., Salgado, J., Ebert, D. D., Trebbi, G. (on behalf of the EFPA Project Group on eHealth), Bernaerts, S., Van Assche, E., & De Witte, N. A. J. (2020). Recommendations for policy and practice of telepsychotherapy and e-mental health in Europe and beyond. *Journal of Psychotherapy Integration, 30*(2), 160-173. <https://doi.org/10.1037/int0000218>
- Scheveneels, S., Boddez, Y., **Van Daele, T.**, & Hermans, D. (2019). Virtually unexpected: No role of expectancy violation in virtual reality exposure for public speaking anxiety. *Frontiers in Psychology-Psychopathology, 10*, 2849. <https://doi.org/10.3389/fpsyg.2019.02849>
- De Witte, N. A. J., Buyck, I., & **Van Daele, T.** (2019). Combining biofeedback with stress management interventions: a systematic review of physiological and psychological effects. *Applied Psychophysiology and Biofeedback, 44*, 71-82. <https://doi.org/10.1007/s10484-018-09427-7>
- Karekla, M., Kasinopoulos, O., Neto, D., Ebert, D. D., **Van Daele, T.**, Nordgreen, T., Höfer, S., Oeverland, S., & Jensen, K. L. (2019). Best Practices and Recommendations for Digital Interventions to Improve Engagement and Adherence in Chronic Illness Sufferers. *European Psychologist, 24*(1), 49-67. <https://doi.org/10.1027/1016-9040/a000349>
- Ebert, D. D., **Van Daele, T.**, Nordgreen, T., Karekla, M., Compare, T. A., Zarbo, C., ... (on behalf of the EFPA E-Health Taskforce) & Baumeister, H. (2018). Internet and mobile-based psychological interventions: applications, efficacy and potential for improving mental health. A report of the EFPA e-health taskforce. *European Psychologist, 23*, 167-187. <https://doi.org/10.1027/1016-9040/a000318>
- Van Daele, T.**, Frijns, C., & Lievens, J. (2017). How do students and lecturers experience the interactive use of handheld technology in large enrolment courses? *British Journal of Educational Technology, 48*(6), 1318-1329. <https://doi.org/10.1111/bjet.12500>
- Viaene, A. S., **Van Daele, T.**, Bleys, D., Faust, K., & Massa, G. G. (2017). Fear of hypoglycemia, parenting stress, and metabolic control for children with type 1 diabetes and their parents. *Journal of Clinical Psychology in Medical Settings, 24*, 74-81. <https://doi.org/10.1007/s10880-017-9489-8>
- Meulders, A., **Van Daele, T.**, Volders, S., & Vlaeyen, Y. (2016). The impact of safety behavior on exposure-based reduction of fear and anxiety: a meta-analytic review. *Clinical Psychology Review, 45*, 144-156. <https://doi.org/10.1016/j.cpr.2016.02.002>
- Van Daele, T.**, Vansteenwegen, D., Hermans, D., Van den Bergh, O., & Van Audenhove, C. (2014). Home nurses and patient depression. Attitudes, competences and the effects of a minimal intervention. *Journal of Advanced Nursing, 76*, 126-135. <https://doi.org/10.1111/jan.12476>
- Van Daele, T.**, Griffiths, J. W., Van den Bergh, O., & Hermans, D. (2014). Overgeneral autobiographical memory predicts changes in depression in a community sample. *Cognition & Emotion, 28*, 1303-1312. <https://doi.org/10.1080/02699931.2013.879052>
- Van Daele, T.**, Van Audenhove, C., Hermans, D., Van den Bergh, O., & Van den Broucke, S. (2014). Empowerment implementation: Enhancing fidelity and adaptation in a psychoeducational intervention. *Health Promotion International, 29*, 212-222. <https://doi.org/10.1093/heapro/das070>
- Van Daele, T.**, Van Audenhove, C., Vansteenwegen, D., Hermans, D., & Van den Bergh, O. (2013). Effectiveness of a six session stress reduction program for

Groups. *Mental Health and Prevention*, 1, 19-25.  
<https://doi.org/0.1016/j.jbtep.2011.12.005>

- Van Daele, T., Van den Bergh, O., Van Audenhove, C., Raes, F., & Hermans, D. (2013).** Reduced memory specificity predicts the acquisition of problem solving skills in psychoeducation. *Journal of Behavior Therapy and Experimental Psychiatry*, 44, 135-140. <https://doi.org/10.1016/j.jbtep.2011.12.005>
- Van Daele, T., Hermans, D., Van Audenhove, C., & Van den Bergh, O. (2012).** Stress reduction through psychoeducation: a meta-analytic review. *Health Education & Behavior*, 39, 474-485. <https://doi.org/10.1177/1090198111419202>

### National peer-reviewed

- Stinckens, N., Missiaen, C., & **Van Daele, T. (2020).** Digitale tools in de Vlaamse geestelijke gezondheidszorg: kansen en uitdagingen [Digital tools in Flemish mental healthcare: chances and challenges]. *Tijdschrift Klinische Psychologie*, 50(3), 179-189.
- Van Daele, T. (2020).** Technologie en therapie: sofa en/of Skype? [Technology and therapy: sofa and/or Skype? *Karakter. Tijdschrift van Wetenschap*, 70, 25-27.
- Van Daele, T. & Van Assche, E. (2019).** Blended therapie: een basis voor betere zorg? [Blended therapy, a basis for better care?]. *GZ-Psychologie* 11, 24-29.  
<https://doi.org/10.1007/s41480-019-0002-x>
- Vranken, E., Verhaegen, D., Excelmans, E., Cobbaert, J., & **Van Daele T. (2018).** Elke klinisch psycholoog een elektronisch patiëntendossier: een stap vooruit of een noodzakelijk kwaad? [Every clinical psychologist an electronic patient file: a step forward, or a necessary evil?] *Tijdschrift Klinische Psychologie*, 48(1), 51-62.
- De Witte, N. A. J. & **Van Daele, T. (2017).** Technout of technofoob? Attitudes rond technologiegebruik in kaart brengen bij cliënt en professional [Techy or technophobe? Mapping attitudes concerning technology use for client and professional]. *Psyche*, 29(3), 16- 18.
- Van Daele, T. (2017).** Grenzen verleggen [Pushing boundaries]. *Tijdschrift Klinische Psychologie*, 47(1), 2-3.
- Van Daele T. & Vanhoomissen, T. (2015).** Portable technology in mental healthcare. *De Psycholoog, Special edition*, 34-39.
- Van Daele, T. (2015).** Psychotherapie effectief voor de behandeling van depressie in de eerste lijn? [Psychotherapy effective for the treatment of depression in primary care?]. *Minerva: Tijdschrift voor Evidence-based Medicine, Online*, 288.
- Van Daele T. & Vanhoomissen, T. (2015).** Draagbare technologie in de geestelijke gezondheidszorg [Wearables in mental health care]. *Tijdschrift Klinische Psychologie*, 45(1), 9-14.
- Van Daele, T. (2014).** Psychologische behandelingen voor depressie en angst bij dementie zijn mogelijk effectief [Psychological treatments for depression and anxiety in dementia are possibly effective]. *Minerva: Tijdschrift voor Evidence-based Medicine, Online*, 237.
- Van Daele, T. (2014).** De thuisverpleegkundige, een belangrijke partner in de vermaatschappelijking van de geestelijke gezondheidszorg [The home nurse, an important partner in the socialisation of mental healthcare]. *Psyche*, 26(2), 17-19.
- Van Daele T., Hermans, D., Van den Bergh, O., & Van Audenhove, C. (2014).** De meerwaarde van gezondheids promotie en preventie binnen de GGZ. [The added value of mental health promotion and prevention in MHC]. *Tijdschrift Klinische Psychologie*, 44(2), 120-129.
- Van Daele, T. (2014).** Het nut van cognitieve gedragstherapie bij therapieresistente depressie [The use of cognitive behavioural therapy in treatment resistant depression]. *Huisarts Nu*, 43(1), 7-8.
- Van Daele, T. (2012).** Computergestuurde zelfhulp een meerwaarde voor hulpzoekende



adolescenten met depressieve symptomen? [Does computerized self-help offer advantages for help seeking adolescents with depressive symptoms?]. *Minerva: Tijdschrift voor Evidence-based Medicine*, 11(10), 121-122.

**Van Daele, T., Hermans, D., Vansteenwegen, D., Van Audenhove, C., & Van den Bergh, O.** (2010). Preventie van stress, angst en depressie door psycho-educatie: een overzicht van interventies [Prevention of stress, anxiety and depression using psychoeducation: an overview of interventions]. *Psychologie & Gezondheid*, 38(5), 224-235.

### International reports & book chapters

De Witte, N. A. J., **Van Daele, T.**, Tarnogol, F., & Scheveneels, S. (2023). Terapia de exposición mediante realidad aumentada: implementación en un tratamiento combinado de fobia específica. In Marti-Noguera, J. J. & Soto-Pérez, F. (Eds.). *Casos clínicos en telesalud mental* (pp. 129-140). Elsevier.

European Commission, Directorate-General for Communications Networks, Content and Technology, Visionary Analytics, IDEA Consult, Boel, C., Dekeyser, K., Depaepe, F., Quintero, L., **Van Daele, T.**, & Wiederhold, B. (2023). *Extended reality : opportunities, success stories and challenges (health, education): final report*. Publications Office of the European Union. <https://doi.org/10.2759/121671>

**Van Daele, T.**, De Witte, N., Belmont, A., Schneider, B., & Haddouk, L. (2022). Une enquête européenne de l'EFPA sur les pratiques en ligne des psychologues. In Haddouk, L. & Schneider, B. (Eds.). *Télépsychologie. État des lieux et enjeux* (pp 195-210). Érès Éditions & Formations.

Schneider, B., Haddouk, L. , De Witte, N., & **Van Daele, T.** (2022). Recommandations en Europe et en France, des propositions. In Haddouk, L. & Schneider, B. (Eds.). *Télépsychologie. État des lieux et enjeux* (pp 281-295). Érès Éditions & Formations.

Van Daele, T. (2021). Box 11.5: Expert voice: Dr Tom Van Daele. Therapy Online. In O'Reilly, M., Dogra, N., Levine, D., & Donoso, V. (Eds.). *Digital Media and Child and Adolescent Mental Health: A Practical Guide to Understanding the Evidence* (pp 314). SAGE.

Van den Broeck, L., Desie, K. Van Assche, E., Baldewijns, K., Bonroy, B., & **Van Daele, T.** (2020). Country-specific analyses - Belgium. In W. Gaebel, N. Trost, S. Diekmann, R. Lukies, R., & J. Zielasek (Eds.), *Transnational Policy for e-Mental Health: A Guidance Document for European Policymakers and Stakeholders*. LVR-Institute for Healthcare Research.

### National reports

**Van Daele, T.**, de Regt, D., Van der Cam, M., Claeys, H., Custers, S., & Beelen, S. (2023). *Trainingen in welzijnswerk en geestelijke gezondheidszorg. Impact meten*. [Trainings in welfare and mental health care. Assessing impact]. Onlinehulp Vlaanderen.

De Witte, N., Joris, S., Van Assche, E., & **Van Daele, T.** (2021). Technologische en digitale toepassingen in zorg & welzijn: een richtingwijzer. [Technological and digital applications in care & welfare: a guide]. Steunpunt Welzijn, Volksgezondheid en Gezin.

Bocklandt, P., Custers, S., Drooghmans, N., Hermans, K., Nijs, D., **Van Daele, T.**, Wyverkens, E. (2020). *Online veerkracht van welzijns- en geestelijke gezondheidszorgorganisaties in de lockdownperiode* [Online resilience of welfare and mental healthcare organisations during lockdown]. Steunpunt mens en samenleving, Steunpunt Geestelijke Gezondheid, Netwerk Onlinehulp Vlaanderen. <https://www.onlinehulp-vlaanderen.be/wp-content/uploads/2020/10/Rapport-online-veerkracht-in-welzijnswerk-en-geestelijke-gezondheidszorg-in-lockdown-oktober-2020.pdf>

- De Witte, N. A. J., Bonroy, B., Debar, G., Sels, R., Mertens, M., & **Van Daele, T.** (2018). Carewear: wearables in de geestelijke gezondheidszorg. [Carewear: wearables in mental healthcare]. *ePsychologos*, 33(4).
- De Witte, N. A. J. & **Van Daele, T.** (2017). *Flemish UTAUT-questionnaires*. Antwerp: Applied Psychology, Thomas More University of Applied Sciences
- Van Daele, T.**, Vansteenwegen, D., Hermans, D., Van Audenhove, C., Van den Bergh, O. (2013). *Implementeren van online en GGZ-interventies in de thuiszorg [Implementing online and MHC-interventions in home care]*. Steunpunt Welzijn, Volksgezondheid en Gezin.

### **Submitted**

- Blancke, S., Crunelle, C., **Van Daele, T.**, Vanderbruggen, N., Matthys, F. (submitted). *Ervaringen van patiënten en therapeuten met teleconsultaties in de geestelijke gezondheidszorg in Vlaanderen [Experiences of patients and therapists with online consultations in mental healthcare in Flanders]*.
- Haddouk, L., Schneider, B., **Van Daele, T.**, & Lang, F. (submitted). *Ethics and Telepsychology: the situation in France*.
- Heyse, J., Bombeke, K., All, A., François, B., Thys, S., Van Roey, P., Van der Vloedt, M., Depreeuw, B., **Van Daele, T.**, Daeseleire, T., Ongenae, F., De Backere, F., & De Turck, F. (submitted). *PATRONUS: Towards an Architecture for Personalised Virtual Reality Exposure Therapy*.

## PROFESSIONAL SERVICES

### Co-supervisor of PhDs

- Marlies Wintmolders (KU Leuven, 2022 – present)  
Attachment research in digital times
- Susan Keery (Queen's University Belfast, 2020 – present)  
A virtual reality and 360 video-based intervention for individuals with ASD and Social Anxiety
- Maarten Piot (KU Leuven, 2020 – present)  
Improving the user experience of the innovative blended care platform m-Path

### PhD evaluator

- Member of the exam committee of Eva De Jaegere (2023).  
Suicide prevention in the digital age: Exploring the Potential and Effectiveness of Digital Interventions, Ghent University, Belgium.
- Member of the exam committee of Koen Niemeijer (2023).  
The Promise of Mobile Sensing for Predicting Momentary Emotions, KU Leuven, Belgium.
- Member of the exam committee of Helene Schroé (2022).  
A self-regulation e- and m-health tool for adults targeting an active lifestyle: towards a more effective and personalised approach, Ghent University, Belgium.
- Member of the exam committee of Samantha Dequanter (2022).  
Living with mild cognitive decline in connection with technology, Vrije Universiteit Brussel, Belgium.
- Member of the monitoring committee of Yannick Vander Zwalmen (2021 – present).  
Prevention of depression through computerized cognitive control training: novel steps towards clinical implementation, Ghent University, Belgium.
- Member of the exam committee of Kim Mathiasen (2019).  
iINCREMENTAL. Increasing access to evidence-based psychotherapy to improve mental health through the use of Internet interventions, University of Southern Denmark, Denmark.
- Member of the monitoring committee of Carmen Peuters (2018 – 2022).  
The role of healthy lifestyles in mental health promotion in youngsters, Ghent University, Belgium.
- Member of the monitoring committee of Laura Maenhout (2018 – 2021).  
The development and evaluation of an intervention for mental health promotion in adolescents with a low family affluence by promoting healthy lifestyle, Ghent University, Belgium.
- Member of the monitoring and exam committee of Jasmien Vervaeke (2016 – 2020).  
Cognitive control training as preventive intervention in remitted depressed individuals: Research on clinical effectiveness and user experience, Ghent University, Belgium.
- Member of the exam committee of Joris Van Damme (2016).  
Determinants of alcohol use in students in higher education, Ghent University, Belgium.

### Consultant

- 2023 HOWEST University of Applied Sciences, as a member of the advisory committee of the practice-oriented research project SPACE 2.0.
- 2022 Horizon 2020, H-Work project, as reviewer for 4 project policy briefs.
- 2022 Visionary Analytics, as expert voor the extended reality rapport requested by the European Commission.

- 2022 KU Leuven Industrial Fund, as referee for the C3 call on socio-economic applied research.
- 2022 Thomas More, UCLouvain & Liège Université, as an expert on the Federal Public Service Health, Food Chain Safety and Environment project 'TeleLAC-12: the development of a guideline for telepractice for logopedic and audiology consultations for children -12'.
- 2022 Odisee University of Applied Sciences, as a member of the advisory committee of the project 'Connect team. Connecting fathers and mothers as a collaborative team.
- 2021 Hasselt University, as a member of the advisory committee of the TBM (Applied Biomedical Research with a Primary Social finality) project 'Cost-effectiveness of a smartphone Application for Tinnitus Treatment: The CATT trial'
- 2021 The Human Link, as a member of the advisory committee mental health promotion, on behalf of the Flemish government.
- 2021 Licquid, LUCAS KU Leuven & Youth Services Emmaüs Antwerp, as a member of the stakeholder group b-adult, a blended care program for youth care leavers
- 2021 National Institute for Health and Disability Insurance, input for the transversal agreement committee mental health care
- 2019 Artevelde University of Applied Sciences, as a member of the advisory committee of the practice-oriented research project 'WRapp, Welfare-ranking for apps'
- 2019 Vives University of Applied Sciences, as a member of the advisory committee of the practice-oriented research project 'THUMFI, Training the Human Firewall'
- 2019 HoGent University of Applied Sciences, , as a member of the advisory committee of the practice-oriented research project FAITH, FACilitating IT for individual consultations in youth Help'
- 2019 Federal public service Health, Food Chain Safety and Environment, input for the federal network project article 107 on mental healthcare reform
- 2019 HOWEST University of Applied Sciences, as a member of the advisory committee of the practice-oriented research project 'SPACE: The development of a virtual learning environment to train students' communication skills through human-computer interaction with virtual clients'
- 2018 CKG De Schommel, member of the steering committee of the project 'Speedboat: online module parenting support'
- 2018 UC Leuven-Limburg, as member of the steering committee of the practice-oriented research project 'Increasing Resilience during and after Pregnancy'
- 2018 HOWEST University of Applied Sciences, as external reviewer for the evaluation procedure of the practice-oriented research projects.
- 2016, 2017, 2018 & 2020 Flanders' Care, as project reviewer for proposals on 'Incentives online care for wellbeing and health'
- 2016 Artevelde University of Applied Sciences, as a member of the advisory committee of the practice-oriented research project 'High quality use of online diaries'
- 2016 Kom op tegen Kanker (KOTK), for specific input concerning eHealth for psychosocial aspect of cancer for their five year plan.
- 2014 the French National Cancer Institute (INCa), as project reviewer for proposals on 'Research in Human and social sciences, epidemiology and public health'
- 2014 Federal public service Health, Food Chain Safety and Environment, input for the task force psychopharmacological substances adults and ambulatory elderly.

#### **Editorial duties**

- Associate Editor for Specialty section Digital Mental Health, a part of Frontiers in Digital Health & Frontiers in Psychiatry

- Guest editor for the 2017 Special issue on innovation in mental healthcare for Tijdschrift Klinische Psychologie

### **Ad hoc reviewer**

Anxiety, Stress & Coping - BMC Psychiatry - BMC Public Health - Clinical Psychology: Science and Practice - European Journal of Psychological Assessment - European Journal of Psychology Open - Frontiers in Psychology - Frontiers in Public Health - Health Promotion International - IEEE Consumer Electronics Magazine - Industrial Health - Internet Interventions - Journal of Adolescence - Journal of Advanced Nursing - Journal of Clinical Psychology - Journal of Experimental Psychopathology - Journal of Medical Internet Research - Journal of Psychotherapy Integration - Mindfulness - Pilot and Feasibility Studies - PLOS ONE - Quality of Life Research

### **Organizer**

Organizer (2023). EFPA Project Group on eHealth, eHealth webinar series. Online.  
 Scientific Advisory Board member (2023, September). 7th European Society of Internet Interventions Conference. Amsterdam, The Netherlands.  
 Reviewer (2023, July). 18th European Congress of Psychology. Brighton, United Kingdom.  
 Scientific Committee Member (2023, July). 26th Annual CyberPsychology, Cybertherapy & Social Networking Conference. Paris, France.  
 Organizer (2022, November). EFPA Project Group on eHealth, From theory to practice: how can you make use of the potential of technology for psychology? Vilnius, Lithuania.  
 Reviewer (2022, July). 17<sup>th</sup> European Congress of Psychology. Ljubljana, Slovenia.  
 Organizer (2021, September). Launch event onlinehulp-apps.be. Ghent, Belgium.  
 Organizer (2020, March). VR & AR for mental health. Inspiration from an Argentinean Psycho-technologist. Antwerp, Belgium.  
 Organizing Committee member (2019, April). eMEN Technology and mental health: a good ROI? Leuven, Belgium.  
 Session chair (2019, March). More than a high-quality tool, implementing e-mental health. Session at the Flanders' Care conference online care for wellbeing and health. Brussels, Belgium.  
 Session chair (2019, March). Online tools for depression and suicide, from prevention to . Session at the Flanders' Care conference online care for wellbeing and health. Brussels, Belgium.  
 Organizer (2019, February). Carewear symposium: tackling stress and depression with wearables. Antwerp, Belgium.  
 Symposium chair (2018, September). MHC & technology: media literacy, wearables & blended therapy. Symposium at the 9<sup>th</sup> Vlaams Geestelijk Gezondheidscongres. Antwerp, Belgium.  
 Organizing Committee member (2018, September). eMEN Trends and technological developments of apps in mental healthcare. Geel, Belgium.  
 Organizer (2018, May). LiCalab matchmaking event - mental health. Antwerp, Belgium.  
 Symposium chair (2018, March). E-mental health for training and information. Workshop at the 5th WHOCC international meeting 'Active citizenship and empowerment in community mental health: Participative innovations in France and abroad', Lille, France.  
 Organizing Committee member (2018, February). eMEN Therapy Online?! Reflections from psychodynamic psychotherapy & ethical issues. Brussels, Belgium.  
 Organizing Committee member (2017, February). eMEN Launch Conference. Malines, Belgium.  
 Program Committee member (2016, October). Lifelogging Tools and Applications. Workshop at the 2016 ACM Multimedia Conference. Amsterdam, The Netherlands.

Organizing Committee member (2016, May). Theory \* Practice = Innovation<sup>2</sup>. Annual Belgian Association for Psychological Sciences (BAPS) meeting. Antwerp, Belgium.  
Organizer (2016, February). Carewear symposium, wearable technology for mental healthcare. Antwerp, Belgium.

### **Invited presentations - international**

Horizon 2020 H-work project, Innovate, implement, impact: the H-WORK formula. *Roundtable on H-WORK policy briefs and policy impact*. Bologna, Italië, 29 September 2023.

European Federation of Psychologists' Associations, eHealth webinar series. *More than metaverse madness? The potential of immersive technologies for mental health*. Webinar, 12 September 2023.

IT4Anxiety, Innovating in mental health : collaborating on e-mental health solutions for users. *Digital Mental Health in Europe: Embracing Technology to strengthen our Mental Healthcare Systems*. Namur, 29 June 2023.

European Federation of Psychologists' Associations, Panel discussion: European Mental Health - A comprehensive and unified approach. *How psychology can contribute to the development of mental health in both policy and practice*. Webinar, 22 May 2023.

Cyber-T, Université Paris Cité. *Ethics and e-health*, Paris, France, 29-30 March 2023.

Lietuvos psichologų sąjunga & Mykolas Romeris University, *There's no turning back now? The potential of technology for mental healthcare*, Vilnius, Lithuania, 15 April 2023.

Angelini Pharma, Psychiatry Innovation Summit. *Online consultations in mental healthcare: recent advances and future perspectives*. Rome, Italy, 1 December 2022.

European Federation of Psychology Students' Associations, *Smartphone support? Tech to enhance student mental health & resilience*. Webinar, 20 October 2022.

European Federation of Psychologists' Associations and Slovenian Psychologists' Association, 17th European Conference of Psychology. *Keynote - There's no turning back now? The potential of technology for mental healthcare*. Ljubljana, Slovenia, 7 July 2022.

eMEN Interreg North-West Europe project, Mental Health Reform, *Frontiers in eMental Health - The Future is Now, Virtual Reality experiences as tools to support Mental Health*, Webinar, 27 May 2022.

eMEN Interreg North-West Europe project, EPSM Lille, *What lessons and perspectives for the development of digital mental health in France, State of play of the development of digital mental health in the world - Belgium*. Webinar, 19 May 2022.

eMEN Interreg North-West Europe project, eMH webinars. *Immersive technology*. Webinars, 28 Marc and 1 April 2022.

European Federation of Psychology Students' Associations. *More than metaverse madness: The potential of immersive technology for mental health*. Limassol, Cyprus, 11 April 2022.

Mood Movement Network. *From dream to (virtual) reality: the rise of immersive technologies*. Webinar, 28 June 2021.

Malaysian Psychological Association, 4th Malaysian International Psychology Conference. *e-mental health and its potential to improve mental healthcare*. Online conference, 19 June 2021.

Otlet Salons Edition, Me, Myself and I. *ePsychology*. Webinar, 25 March 2021.

Fédération Française des Psychologues et de Psychologie. *Enquête européenne EFPA sur les pratiques en ligne des psychologues depuis mars 2020 : présentation des résultats*. De la Cyberpsychologie à la téléconsultation. Online conference, 13 March 2021.

Fédération Française des Psychologues et de Psychologie. *Normes, certifications, recommandations, reconnaissances institutionnelles. Perspectives institutionnelles*. De la Cyberpsychologie à la téléconsultation. Online conference, 13 March 2021.

MIND & de Nederlandse GGZ, ggz-appwijzer.nl launch. *The potential of apps and the importance of overview*. Webinar, 14 January 2021.

Psychiatric Association of Turkey, 56. Ulusal Psikiyatri Kongresi. *Telepsychotherapy and e-mental health: from practice to policy*. Online conference, 18 December 2020.

European Federation of Psychology Students' Associations. *No psychologist without a smartphone! The future of psychotherapy*. Webinar, 10 December 2020.

Victim Support Europe, Bridging High-Tech and Victim Support Services. *Virtual Reality Exposure Therapy And PTSD: From Evidence-Base To Practice* (with P. Best). Webinar, 19 November 2020.

Cibersalud, II Congreso Iberoamericano Ciberpsicología, Tecnologías en salud mental . *Augmenting exposure therapy: how a smartphone could improve clinical practice*. Online conference, 10 November 2020.

Lomonosov Moscow State University, Role of psychology in fighting COVID-19 pandemic: international perspective. *Only online? How psychologists turned to online consultations at the start of the COVID-19 pandemic*. Webinar, 16 September 2020.

Universidad Argentina de la Empresa. Therapy during the pandemic: how a virus forced us online and what we learned from it. Webinar, 20 June 2020.

European Federation of Psychologists' Associations. EFPA Webinars in COVID-19 times. *Online consultations, what to know and where to start?* (with A. Compare, L. Haddouk, M. Karekla). Webinar, 29 April 2020.

Ehealthspecialists, *Working online for healthcare professionals*. (with B. Vemer, B. van der Boom, T. Wind). Webinar, 24, 30 & 31 March 2020.

Science | Business, Bridge the Gap: Strengthening prevention and treatment in mental health. *Mental clarity: Education for a better outcome*. Stockholm, Sweden, 25 February 2020.

Cibersalud, Congreso Iberoamericano Ciberpsicología, Mesa Terapia on-line. *Digital psychological interventions: recommendations for practice and policy on behalf of the EFPA project group on E-health*. Online conference, 12 November 2019.

Queen's University Belfast, Immersive Technologies and Digital Mental Health Network. *Immersive technologies and digital mental health*. Belfast, United Kingdom, 13 June 2019.

Research school Experimental Psychopathology, Symposium E-Health and personalized medicine. *Adding another dimension: the potential of technology to enrich mental health practice & research*. Heeze, The Netherlands, 17 May 2019.

European Health Parliament, Committee for Disease Prevention and Control. *Panel discussion on final policy recommendations*. (with Faure, B., Destrebecq, F., & Berkouk, K.). Brussels, 2 April 2019.

European Health Parliament, Committee for Disease Prevention and Control. *Panel discussion on mental health prevention* (with Droogers, M., Marinetti, C., & Bilsen J.). Brussels, 6 February 2019.

University of Cyprus & EFPA Taskforce on E-Health, Symposium on Mental e-Health Treatment Interventions. *Carewear, how wearable technology can be used to improve current approaches to burn-out prevention and depression treatment*. Nicosia, Cyprus 15 November 2018.

Public Policy Exchange, Towards a Harmonised Health Technology Assessment Framework: Exploring the potential impact on Quality of Care in the EU. *Evaluating the use of new technology in the treatment of mental health disorders*. Brussels, 7 June 2018.

eMEN Interreg North-West Europe project – Arq Foundation, VU Amsterdam & Interapy, E-mental health in education: now and in the future. *Carewear. Health education pitch*. Haarlem, 10 April 2018.

Outpatient Clinic Child- and Adolescent Psychiatry/Psychology, Erasmus MC – Sophia Children's Hospital. Policy morning on E-health. *E-health: scientific evidence and potential applications in the outpatient clinic*. Rotterdam, The Netherlands, 12 December 2017.

mHabitat, Digital Horizon Workshop – Virtual Reality in Health and Care. *VR in therapy – from theory to practice* (with Bonroy, B.). Leeds, United Kingdom, 30 August 2017.

eMEN Interreg North-West Europe project - Mental Health Foundation, Equity and e-mental health: can digital technology help us to achieve good mental health for all?. *Showcase of available technologies for mental health* (with Bonroy, B.). Belfast, United Kingdom, 28 April 2017.

KU Leuven, Workshop project-based working in health promotion. *Implementation in mental health care. Psychoeducation for primary care groups*. Leuven, 16 March 2017.

eMEN Interreg North-West Europe project - Thomas More University of Applied Sciences & Pulso Europe, International launch conference. *Showcase of available technologies* (with Bonroy, B.). Mechelen, 6 February 2017.

Employee Assistance European Forum. EAEF XV Conference. EAP and the Workplace of the Future. *Wearables for the workforce: from hype to evidence-based practice*. Bucharest, Romania, 17 June 2016.

### **Invited presentations – national**

Aide alcool, 10 ans de la plateforme Aide-Alcool.be. *Digital mental health: state of the art and future perspectives*. Liège, 8 June 2023.

GTI InnoPsy, iedereen mentaal Well-zijn. *More resilient through technology?* 16 May 2023, Bruges.

University of Antwerp, Emerging Communication Technologies. *More than Metaverse Madness: the potential of immersive technologies for mental health*. Antwerp, 11 May 2023.

Policy Research Centre Welfare, Health and Family, Policy research centre meeting 2023. *Technology in care and well-being: vision for Flanders*. Brussels, 25 April 2023.

Thomas More University of Applied Sciences, Inspiration and network event for HR professionals. *Wellbeing at work: what technology can(not) do*. Mechelen, 16 February 2023.

ELP academie. Workshop eHealth in primary care psychology (with N. A. J. De Witte). Antwerp, 7 February 2023.

Thomas More University of Applied Sciences, Senior Citizen University. *ePsychology. On the use of technology in mental healthcare*. Geel, 13 December 2022.

Ghent University Hospital, 5th Symposium Rehabilitation Centre for Children – at a distance yet still close by. *Evolution and trends in blended rehab*. Ghent, 25 November 2022.

Centrum Zitstil, ADHD symposium - connectedness as a superpower. Using digital tools to promote connectedness in care and guidance. Edegem, 7 October 2022.

HOWEST, Symposium Blended Care, *Technology, the future of therapy?!* Kortrijk, 2 June 2022.

Vlerick Business School, MINOZ – Patient experience in the evolution towards digital care. *Technology and patient experience: UTAUT and the MEN project* (with N. De Witte). Ghent, 31 March 2022.

Flemish Association for Clinical Psychologists. *www.onlinehulp-apps.be: your guide to apps for well-being and mental health* (with A. Mees). Webinar, 15 March 2022.

KU Leuven & Ghent University, Continuous Educational Program on Behaviour Therapy Children & Adolescents. *E-mental health*. Leuven, 11 March 2022.

KU Leuven, Vrije Universiteit Brussel, Ghent University, De KOPpeling & The Human Link, Continuous Educational program on primary psychological care. *E-mental health in primary psychological care*. Ghent, 7 February 2022.

KU Leuven, Cognitive and Organizational Ergonomics. *Individual monitoring in the workplace*. Leuven, 10 December 2021.

Policy Research Centre Welfare, Health and Family, Symposium on integrated care and support in Flanders. *Technological and digital applications in care and welfare*. Webinar, 30 November 2021.

Ghent University, E-health in clinical and health psychology. *Practical framework for E-health for clinical psychologists*. Ghent, 29 November 2021.



Flemish centre of expertise on alcohol and other drugs, VAD seminar. *Online services, during and after Corona*. Webinar, 26 November 2021.

Domus Medica, General practitioner conference and trade show. *The added value of technology in mental healthcare*. Antwerp, 9 October 2021.

Ups & Downs, Ups & Downs Forum 2021. *Support from your smartphone? Tips & tools for bipolar disorder*. Ghent, 9 October 2021.

Psychiatric Centre Menen, *Online care in mental healthcare: possibilities, strengths and challenges*. Menen, 5 October 2021.

in4care, Summer Event, *The future of mental health(care)*. Online, 23 June 2021.

HOWEST University of Applied Sciences, Applied Psychology. *Inspiration session e-mental health*. Bruges, 8 June 2021.

UNIZO, Innovation Forum on Care Technology. *Digitization and mental health(care)*. Webinar, 29 May 2021.

Academia Press. *How your smartphone can support yourself*. Webinar, 22 April 2021.

University Hospital Ghent, Team Child- and adolescent, Journal Club. *Technology and therapy: sofa and/or Skype?* Webinar, 21 January 2021.

Department of Occupational Therapy, Thomas More University of Applied Sciences. *Immersive technology & occupational therapy? Introduction & inspiration* (with D. Struyf). Webinar, 11 January 2021.

in4care, Inspire Healthcare. *The future of Mental Health (Care)*. Webinar, 2 December 2020.

Ghent University, E-health in clinical and health psychology. *Practical framework for E-health for clinical psychologists*. Webinar, 23 November 2020.

Breinwijzer vzw, I-Brain festival. *ePsychology. About technology in therapy*. Webinar, 22 November 2020.

Applied Psychology, Thomas More, PsycEvents. *ePsychology. About technology in therapy*. Webinar, 17 November 2020.

Ghent Psychology Alumni Psychology & PSYNC, Online psychological care: digital depression or big leap forward? From COVID to opportunity? *E-mental health & the pandemic*. Webinar, 26 October 2020.

Health council City of Turnhout. *Technology for resilience & connection?* Webinar, 22 October 2020.

Psychologists' circle North-Limburg. *Technology and therapy: sofa and/or Skype?* Webinar, 14 October 2020.

BloomUp. *Basis for online video consultation*. Webinar, 10 September 2020.

Flemish Association for Psychiatry. *Which role does technology play during and following the Corona-crisis?* Webinar, 29 June 2020.

Psychiatric Hospital Bethanië. *ePsychology. About technology in therapy*. Webinar, 12 June 2020.

KU Leuven, Workshop project-based working in health promotion. *Implementation in mental health care. Psychoeducation for primary care groups*. Webinar, 28 April 2020.

Université Libre de Bruxelles, In-depth questions in health psychology. *e-m Health*. Webinar, 20 March 2020.

KU Leuven, Vrije Universiteit Brussel, Ghent University, De KOPpeling & The Human Link, Continuous Educational program on primary psychological care. *E-mental health & blended care in primary psychological care*. Brussels, 18 February 2020.

KU Leuven, Lectures in Psychology for Society (LIPS). *ePsychology. About technology in therapy*. Leuven, 14 February 2020.

Jessa Hospital, Symposium virtual reality and technological innovation in psychiatry. *Technology in mental healthcare: how can you also make the leap?.* Hasselt, 8 February 2020.

KU Leuven & Ghent University, Continuous Educational Program on Behaviour Therapy Children & Adolescents. *E-mental health*. Leuven, 20 December 2019.

KU Leuven, Psychological assessment and interventions in primary care. *E-mental health in primary care*. Leuven, 11 December 2019.

Ghent University, E-health and Health Promotion. *Practical framework for E-health for clinical psychologists*. Ghent, 8 November 2019.

Flemish Association for Clinical Psychologists & QIT Online, E-health in clinical practice: hype or help? *E-mental health in clinical practice: hype or help?* Leuven, Belgium, 27 September 2019.

KU Leuven, Workshop project-based working in health promotion. *Implementation in mental health care. Psychoeducation for primary care groups*. Leuven, 25 April 2019.

NVKVV vzw, 45th conference week of nursing, seminar Home nursing in Tomorrowland, *The (non)sense of technology for mental health in home nursing*, Ostend, 26 March 2019.

KU Leuven, Educational Development Unit, Day of the educational supporter. *MOOC's & MicroMasters (with Van Gucht, D., Castelein, L., & Kallistratova, Y.)*. Leuven, 7 February 2019.

KU Leuven, Psychological assessment and interventions in primary care. *E-mental health in primary care*. Leuven, 12 December 2018.

in4care, rockstart, Poolstok & Domus Medica, Inspire Healthcare. *E-mental health, therapy of the future (with De Witte, N.)*. Edegem, 7 December 2018.

CLBch@t, Inspiration day blended care in the student guidance centre sector. *Effectiveness of blended care*. Berchem, 21 November 2018.

GasthuisZusters Antwerpen, Department of Child and Adolescent Psychiatry. *Apps in child and adolescent psychiatry*. Antwerp, 15 October 2018.

UPC KU Leuven, Wednesday seminars. *The (non)sense of technology in mental healthcare*. Kortenberg, 16 May 2018.

KU Leuven, Workshop project-based working in health promotion. *Implementation in mental health care. Psychoeducation for primary care groups*. Leuven, 24 April 2018.

KU Leuven, Actual topics in communication sciences. *E-mental health, or the influence of (communication) technology on therapy*. Leuven, 17 April 2018.

Psychiatric Centre Menen. *Possibilities of an online diary as a treatment tool in residential psychiatry, a long-term mobile treatment team and a centre for ambulatory mental healthcare*. Menen, 26 March 2018.

Flemish Association for Psychiatry, Spring conference: me and my avatar. *Digital applications in mental healthcare*. Antwerp, 16 March 2018.

KU Leuven, Vrije Universiteit Brussel, Ghent University, De KOPpeling & The Human Link, Continuous Educational program on primary psychological care. *E-mental health & blended care in primary psychological care*. Leuven, 19 February 2018.

KU Leuven, Psychological assessment and interventions in primary care. *E-mental health in primary care*. Leuven, 13 December 2017.

Vrije Universiteit Brussel, Intervening as a clinical psychologist I. *E-mental health: theory & tools*. Brussels, 8 December 2017.

KU Leuven, Postuniversity Centre Campus Kulak Kortrijk. *The (non)sense of technology in mental healthcare*. Kortrijk, 7 December 2017.

KU Leuven, University Psychiatric Centre, Seminar psychological care in hastily times. *Technology in MHC. Hype or help?* Kortenberg, 28 November 2017.

Odisee University of Applied Sciences, Thomas More and UCLL, Medical management assistant inspiration day. *E-mental health: simply a site or fully virtual (with B. Bonroy)*. Heverlee, 24 November 2017.

KU Leuven, PraxisP, Practice Center Psychology & Educational studies. *Digital healthcare: state of the art*. Leuven, 15 November 2017.

Thomas More, Nursing – Symposium technology in care. *E-mental health showcase: from app to virtual reality (with De Witte, N.)*. Lier, 25 October 2017.

Vives University of Applied Sciences, Seminar mobile health in healthcare. *From quantity to quality tools in the search for relevant applications*. Bruges, 31 May 2017.

KU Leuven, Lectures in Psychology Series (LIPS). *Is this the real-life, is this just fantasy? Virtual reality and clinical applications*. Leuven, 21 April 2017.

Ghent University, Specialist courses Doctoral School of Social and Behavioural Sciences. Technological innovation in mental and public health. *E-mental health: implementation & valorization*. Ghent, 10 April 2017.

Flemish Pharmacy Student Consultation, Symposium Mental Health. *E-mental health*. Leuven, 22 March 2017.

KU Leuven & Ghent University, Continuous Educational Program on Behaviour Therapy Children & Adolescents. *E-mental health*. Leuven, 13 January 2017.

KU Leuven, Psychological assessment and interventions in primary care. *E-mental health*. Leuven, 14 December 2016.

VOV Lerend Netwerk, Fit4Learning symposium. *Wearables for the workforce. Hype or help?* Lint, 16 November 2016.

KU Leuven, Workshop project-based working in health promotion. *Implementation in mental health care. Psychoeducation for primary care groups*. Leuven, 28 April 2016.

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## CONFERENCE PRESENTATIONS

### International

- Buelens, F., Luyten, P., Claeys, H., Van Assche, E., & **Van Daele, T.** (2023, August). Usage of Unguided, Guided, and Blended Care for Depression offered in Routine Clinical Care: Lessons Learned. Paper presented at the 7th European Society of Internet Interventions Conference. Amsterdam, The Netherlands.
- Bernaerts, S., Debard, G., Van Loo, M., Bonroy, B., & **Van Daele, T.** (2023, August). *360° nature video for relaxation: does the medium matter?* Paper presented at the 7th European Society of Internet Interventions Conference. Amsterdam, The Netherlands.
- Van Daele, T.**, D'Arcy, J., Elliott, A., & Best, P. (2023, August). *Low Cost Virtual Reality to support imaginal exposure within PTSD treatment: A case report study within a community mental healthcare setting.* Paper presented at the 7th European Society of Internet Interventions Conference. Amsterdam, The Netherlands.
- De Witte, N. A. J., Buelens, F., Grassini, S., & **Van Daele, T.** (2023, August). *Acceptance of digital (mental) health: the development of the UTAUT2 - brief instrument.* Poster presented at the 7th European Society of Internet Interventions Conference. Amsterdam, The Netherlands.
- Mees, A., Van Assche, E., Bocklandt, P., Beelen, S., & **Van Daele, T.** (2023, August). *Finding your way in the app jungle: a Belgian database for welfare and mental health apps.* Poster presented at the 7th European Society of Internet Interventions Conference. Amsterdam, The Netherlands.
- Van Daele, T.**, Kupeli-Holt, S., D'Arcy, J., Elliot, A., Duffy, M., & Best, P. (2023, July). *Low Cost Virtual Reality to support imaginal exposure within PTSD treatment: A case report study within a community mental healthcare setting.* Paper presented at the 26th Annual CyberPsychology, CyberTherapy & Social Networking Conference, Paris, France.
- Van Daele, T.**, Haddouk, L., Schneider, B., & Lang, F. (2023, July). Telepsychology: EFPA recommendations for ethical practice. Paper presented at the 26th Annual CyberPsychology, CyberTherapy & Social Networking Conference, Paris, France.
- Haddouk, L., De Witte, N. A. J., & **Van Daele, T.** (2023, July). *Social telepresence and telepsychology in Europe since COVID-19.* Paper presented at the 26th Annual CyberPsychology, CyberTherapy & Social Networking Conference, Paris, France.
- Bernaerts, S., Bonroy, B., Debard, G., van Loo, M., & **Van Daele, T.** (2023, July). *360° nature video for relaxation: does the medium matter?* Paper presented at the 26th Annual CyberPsychology, CyberTherapy & Social Networking Conference, Paris, France.
- Van Daele, T.**, Mathiasen, K., & De Witte, N. A. J. (2022, August). *Online consultations in mental healthcare: Modelling determinants of use and experience. An international survey study at the onset of the pandemic.* Paper presented at the International Conference Digital Health beyond COVID-19 Lessons Learned. Copenhagen, Denmark.
- Van Daele, T.** & Bernaerts, S. (2022, July). How mental healthcare has been taking the lead in immersive technologies. In T. Van Daele (Chair), *eHealth, More Than Just Online Consultations?! Highlighting the Potential and Evidence Base of Technological Innovations for Clinical Practice.* Invited symposium at the 17th European Congress of Psychology, Ljubljana, Slovenia.
- Van Daele, T.** (2022, July). Do's and don'ts for online consultations and the challenging road towards good clinical practice using technology. In F. Lang (Chair). *Psychological Services via the Internet and Other Non-Direct Means Recommendations for Ethical Practice.* Invited symposium on the 17th European Congress of Psychology, Ljubljana, Slovenia.

- De Witte, N. A. J., Standaert, W., Tarnogol, F., & **Van Daele, T.** (2022, July). *Fear of spiders: Comparing augmented reality on smartphone and HoloLens*. Paper presented at the 17th European Congress of Psychology, Ljubljana, Slovenia.
- Bernaerts, S., Bonroy, B., Debard, G., De Witte, N. A. J., & **Van Daele, T.** (2022, July). *Breathing to relax. A comparison of Virtual Reality-based and tablet-based breathing exercises*. Paper presented at the 17th European Congress of Psychology, Ljubljana, Slovenia.
- Vanhoomissen, T., Bernaerts, S., Best, P., Thomas, C., & **Van Daele, T.** (2022, July). *360° or VR? Equal sense of presence, different realism*. Paper presented at the 17th European Congress of Psychology, Ljubljana, Slovenia.
- Van Daele, T.** & De Witte, N. A. J. (2022, July). *Digital Twins and the potential for mental healthcare*. Paper presented at the 17th European Congress of Psychology, Ljubljana, Slovenia.
- De Witte, N. A. J., Broeckx, L., Vermeulen, S., Van Der Auwera, V., & **Van Daele, T.** (2021, September). *Human Factors in Living Lab Research*. Paper presented at the Digital Living Lab Days. Online.
- Aafjes van Doorn, K., Kivlighan, M., Serralta, F., **Van Daele, T.**, McCord, C., Moessner, M., Compare, A. (2021, June). Structured discussion. In J. Fernandez-Alvarez & Espinosa, H. D. (Chairs). *The incorporation of telepsychotherapy into routine practice during the pandemic: Challenges for research and training of psychotherapists*. 52nd Annual International Meeting of the Society for Psychotherapy Research, Heidelberg, Germany & Online.
- Van Assche, E., Bonroy, B., Mertens, M., Van den Broeck, L., Desie, K., Riper, H., & **Van Daele, T.** (2021, May). *The potential of e-mental health treatment for depression in addition to treatment as usual: An implementation study in inpatient mental health settings in Belgium*. Paper presented at the European Implementation Event 2021 of the European Implementation Collaborative. Online
- Etzelmüller, A., **Van Daele, T.**, Carlbring, P., Nordgreen, T., Karekla, M., Haddouk, L., Belmont, A., Øverland, S., Abi-Habib, R., Bernaerts, S., Brugnera, A., Duque, A., Ebert, D. D., Eimontas, J., Kassianos, A.P., Salgado, J., Schwerdtfeger, A., Tohme, P., Van Assche, E., De Witte, N. A. J. (2021, May). *Implementation of Online Consultations in Mental Healthcare During the Covid-19 Outbreak: Results of an International Survey Study on Uptake and Experiences*. Paper presented at the European Implementation Event 2021 of the European Implementation Collaborative. Online.
- De Witte, N. A. J., Adriaensen, I., Broeckx, L., Van Der Auwera, V., & **Van Daele, T.** (2020, September). *Observational study on cross-cultural differences in living lab research: protocol & pilot*. Paper presented at the Digital Living Lab Days. Online.
- Van Daele, T.** (2019, November). Opportunities of eHealth for limiting the burden of ill mental health on society. In N. Erickson (Chair), *Breaking the boundary of possibilities with E-Health tools*. Invited symposium conducted at the 12th European Federation of the Association of Dietitians conference, Berlin, Germany.
- De Witte, N. A. J., Adriaensen, I., Broeckx, L., Van Der Auwera, V., & **Van Daele T.** (2019, September). *Cross-cultural differences in living lab research*. Paper presented the OpenLivingLab Days 2019, Thessaloniki, Greece.
- Van Daele, T.**, Karekla, M., Haddouk, L., & Nordgreen, T. (on behalf of the EFPA TF on E-health) (2019, September). *Digital psychological interventions: Recommendations for practice by the EFPA TF on E-Health*. Paper presented at the 6<sup>th</sup> European Society of Internet Interventions Conference. Copenhagen, Denmark.
- Van Daele, T.**, De Witte, N., Sels, R., Bonroy, B., & Tarnogol, F. (2019, September). *Exploring the potential of augmented reality as a novel tool for animal phobia treatment*. Poster presented at the 6<sup>th</sup> European Society of Internet Interventions Conference. Copenhagen, Denmark.

- Van Assche, E., Bonroy, B., Van den Broeck, L., **Van Daele, T.** (2019, September). *What do mental healthcare organizations think about implementing e-mental health? An implementation study of blended depression treatment with Moodbuster*. Paper presented at the 6th European Society of Internet Interventions Conference. Copenhagen, Denmark.
- Karekla, M., Geertsema, H., Ricou, M., **Van Daele, T.**, & Neto, D. (2019, July). *Ethical digital healthcare*. Invited panel discussion at the 16<sup>th</sup> European Congress of Psychology, Moscow, Russia.
- Van Daele, T.**, Vidović, V., Karekla, M., Ebert, D. D., & Salgado, J. (2019, July). *E-health: from dystopia to utopia. An EFPA TF on E-health perspective on what psychologists require to better use tech and improve care*. Invited panel discussion at the 16<sup>th</sup> European Congress of Psychology, Moscow, Russia.
- Van Daele, T.** & Tarnogol, F. (2019, July). *Phobos AR. An experimental study on the potential of augmented reality for animal phobia treatment*. Paper presented at the 16<sup>th</sup> European Congress of Psychology, Moscow, Russia.
- Van Assche, E., Bonroy, B., Van den Broeck, L., Riper, H., & **Van Daele, T.** (2019, July). *The potential of blended depression treatment: Research protocol for an implementation study*. Paper presented at the 16<sup>th</sup> European Congress of Psychology, Moscow, Russia.
- Van Daele, T.**, De Witte, N. A. J., Sels, R., Debard, G. & Bonroy, B. (2019, July). *Wearables for mental healthcare: findings from a routine practice implementation study*. Poster presented at the 16<sup>th</sup> European Congress of Psychology, Moscow, Russia.
- Debard, G., Sels, R., Mertens, M., De Witte, N., **Van Daele, T.**, & Bonroy, B. (2019, January). *Carewear: Integrating wearable technology in mental healthcare*. Paper presented at the 7th Dutch Bio-Medical Engineering Conference. Egmond aan Zee, The Netherlands.
- Bonroy, B. & **Van Daele, T.** (2018, November). *Wearable technology in mental health*. In W. Gaebel & O. Vlijter (Chairs), *E-mental health innovations and their implementation in Europe*. Invited Symposium conducted at the annual DGPPN conference, Berlin, Germany.
- Van den Broeck, L., Bonroy, B., Timmers, F., Baldewijns, K., Houben, J. & **Van Daele, T.** (2018, April). *Research protocol for a Belgian, transregional implementation study using Moodbuster*. Paper presented at the 5th European Society of Internet Interventions Conference. Dublin, Ireland.
- De Witte, N. A. J., Bonroy, B., Debard, G., Sels, R., & **Van Daele, T.** (2018, April). *Carewear: an internet-based platform to implement wearable technology in mental health care*. Demonstration at the 5th European Society of Internet Interventions Conference. Dublin, Ireland.
- De Witte, N. A. J., Buyck, I., & **Van Daele, T.** (2018, April). *Combining biofeedback with stress management interventions: a systematic review of physiological and psychological effects*. Poster presented at the 5th European Society of Internet Interventions Conference. Dublin, Ireland.
- De Witte, N. A. J., Bonroy, B., Debard, G., Sels, R., & **Van Daele, T.** (2018, April). *Carewear: implementation of wearable technology in mental health care*. Poster presented at the 5th European Society of Internet Interventions Conference. Dublin, Ireland.
- De Witte, N., Roelands, M., & **Van Daele, T.** (2018, February). *Virtual reality games for mental health: exploring VR therapy and game-based immersive learning as inspiration*. Paper presented at the Symposium Games for Mental Health in the Lowlands. Leuven, Belgium.
- Van Daele, T.** & De Witte, N. (2017, October). *But Will They Actually Use It? Exploring End User Attitudes Towards Technology*. Paper presented at Games for the Assessment and Treatment of Mental Health, a CHI Play workshop, Amsterdam, The Netherlands.

- Kaartti, V., Verheyen, K., & **Van Daele, T.** (2017, September). *Conceptualizing Transnational Living Lab model through the lenses of the customer*. Workshop at the OpenLivingLab Days 2017, Krakau, Poland.
- Pedell, S., Broeckx, L., **Van Daele, T.**, Lavaquial, A., Vieira, T., Zhengjie, L., Vélez Rueda, L., Akiyama, H. & Agüero, C. (2017, August). *Evaluation of data collection and data analysis in a transnational healthcare project*. Workshop at the OpenLivingLab Days 2017, Krakau, Poland.
- De Witte, N. A. J., Vanhoomissen, T., Bonroy, B., Debard, G., Sels, R., Mertens, M., & **Van Daele, T.** (2017, July). *Carewear: implementation of wearable technology in mental health care*. Poster presented at the 15th European Congress of Psychology, Amsterdam, The Netherlands.
- Buyck, I., Vanhoomissen, T., Bonroy, B., Mertens, M., & **Van Daele, T.** (2016, September). *The potential of wearable technology in mental healthcare*. Paper presented at the 4th European Society for Research on Internet Interventions Conference. Bergen, Norway.
- Buyck, I., Vanhoomissen, T., Bonroy, B., Mertens, M., **Van Daele, T.** (2016, September). *Carewear: the potential of wearable technology in stress and burnout management*. Paper presented at the International Conference on Sustainable Employability. Brussels, Belgium.
- Van Daele, T.** (2016, June). *Stress Control: evaluating the effectiveness of a Flemish adaptation using a matched control design*. In P. Love (Chair), *Efficacy and Effectiveness of Stress Control in Northern Ireland, Wales, England and Belgium*. Symposium conducted at 44th BABCP Conference and Workshops, Belfast, Northern Ireland.
- Van Daele, T.**, Buyck, I. & Vanhoomissen, T. (2015, November). *Carewear – exploring the potential of wearables in mental healthcare*. Poster presented at the Serious Health Games and Apps Conference. Ghent, Belgium.
- Meersman, M. & **Van Daele, T.** (2015, November). *Apps for mood and anxiety disorders. Exploration and evaluation of the current situation*. Poster presented at the Serious Health Games and Apps Conference. Ghent, Belgium.
- Walentynowicz, M., **Van Daele, T.**, Raes, F., Van Diest, I., & Van den Bergh, O. (2015, May). *Reduced specificity of health-related autobiographical memories in patients with Medically Unexplained Dyspnea*. Paper presented at the 10th Autobiographical Memory and Psychopathology meeting, Leuven, Belgium.
- Lievens, J. & **Van Daele, T.** (2015, March). *Touch Teach Learn. Unlocking the potential of touch enabled mobile devices for higher education*. Paper presented at the 9th International Technology, Education and Development Conference. Madrid, Spain.
- Van Daele, T.**, Frijns, C., & Lievens, J. (2015, March). *Using technology for interaction and involvement in large enrolment courses: perceived effects and attitudes*. Paper presented at the 9th International Technology, Education and Development Conference. Madrid, Spain.
- Stroobants, L., De Graef, P., Uzieblo, K., & **Van Daele, T.** (2014, December). *Emotion is in the eye of the beholder? Investigating viewing patterns in psychopathy using eye-tracking techniques*. Poster presented at The treatment of psychopathy: Making the impossible possible?. Antwerp, Belgium.
- Jacobs, N., Daniëls, N., Lebbe, M., Vermissen, D., **Van Daele, T.**, Van Geirt, F., & Beckers, J. (2014, September). *A Serious ACT-Based Game for the Prevention of Anxiety Problems and Depression in Adolescents (PsyFlex): Focus Group Study*. Poster presented at the 44th Congress of the European Association for Behavioural & Cognitive Therapies, The Hague, The Netherlands.
- Volders, S., **Van Daele, T.**, Meulders, A., & Vlaeyen, J. (2014, April). *Does safety-seeking behavior interfere with fear extinction? A meta-analysis*. Paper presented at the 34th Australian Pain Society Annual Scientific Meeting. Hobart, Australia.

- Volders, S., **Van Daele, T.**, Meulders, A., Vlaeyen, J. (2013, September). *Does safety-seeking behavior interfere with exposure-based fear reduction? A meta-analytic review*. Pain Research meeting. Ghent, Belgium.
- Van Daele, T.**, Van Audenhove, C., Vansteenwegen, D., Hermans, D., Van den Bergh, O. (2013, July). *Detecting depression in chronic ill patients by home nurses: Effects of a minimal intervention*. Paper presented at the 27th Annual Conference of the European Health Psychology Society. Bordeaux, France.
- Van Daele, T.**, Hermans, D., Vansteenwegen, D., Van Audenhove, C., & Van den Bergh, O. (2012, August). *Effectiveness of a six session stress reduction program for groups*. Poster presented at the 120th Annual Convention of the American Psychological Association. Orlando, FL, USA.
- Van Daele, T.**, Van Audenhove, C., Hermans, D., Van den Bergh, O., & Van den Broucke, S. (2012, August). *Towards a participatory approach to implement a psychoeducational intervention*. Poster presented at the 120th Annual Convention of the American Psychological Association. Orlando, FL, USA.
- Van Daele, T.**, Vansteenwegen, D., Luts, A., Hermans, D., & Van den Bergh, O. (2012, May). *Online intervention for depressive symptoms in chronic illness. Work in progress*. Poster presented at the First Meeting of the European Society for Research on Internet Interventions. Lüneburg, Germany.
- Van Daele, T.**, Van den Bergh, O., & Vansteenwegen, D. (2012, May). *Happiness coach: Preliminary results of an online intervention to increase mental fitness*. Poster presented at the 1st European Society for Research on Internet Interventions Conference. Lüneburg, Germany.
- Van Daele, T.**, Hermans, D., Van Audenhove, C., & Van den Bergh, O. (2011, September). *Stress prevention through psychoeducation: a meta-analytic review*. Paper presented at the 25th European Health Psychology Conference. Crete, Greece.
- Van Daele, T.**, Hermans, D., Van Audenhove, C., & Van den Bergh, O. (2011, September). *Impact research of a psychoeducational course for stress management*. Poster presented at the 25th European Health Psychology Conference. Crete, Greece.
- Van Daele, T.**, Hermans, D., Van Audenhove, C., Van den Bergh, O. (2011, June). *Stress prevention through psychoeducation: A meta-analytic review*. Paper presented at the International Conference of the European Network of Mental Health Services. Ulm, Germany.
- Hermans, D., Vuerstaeck, S., **Van Daele, T.**, & Raes, F. (2008, January). *Autobiographical memory specificity and the effects of a psycho-educational programme for stress and anxiety*. Paper presented at the 6th Special Interest Meeting on Autobiographical Memory and Psychopathology. Amsterdam, The Netherlands.
- Hermans, D., Ruys, K., Vuerstaeck, S., **Van Daele, T.**, & Raes, F. (2007, November). *Autobiographical memory specificity and the effects of a psycho-educational programme for stress and anxiety*. Paper presented at the Annual Convention of the Association for Advancement of Behavioral and Cognitive Therapies (AABCT). Philadelphia, PA, USA.

## National

- De Witte, N. A. J., Joris, S., Van Assche, E., & **Van Daele, T.** (2023, april). *Technologie in zorg & welzijn: visie voor Vlaanderen*. Poster gepresenteerd op de Steunpunt Welzijn Volksgezondheid en Gezin meeting 2023, Brussels.
- Van Daele, T.**, Buelens, F., Best, P., Thomas, C. & Bernaerts, S. (2022, juni). *360° video or digital twin VR? Equal sense of presence, different realism*. Poster presented at the annual meeting of the Belgian Association for Psychological Sciences, Leuven.
- Bernaerts, S. Bonroy, B. Debard, G., De Witte N. A. J, **Van Daele, T.** (2022, juni). *Breathing to relax: A comparison of Virtual Reality-based and tablet-based breathing exercises*.

- Poster presented at the annual meeting of the Belgian Association for Psychological Sciences, , Leuven.
- Buelens, F., Luyten, P., Claeys, H., & **Van Daele, T.** (2022, juni). *Dropout and Adherence in an Online Intervention for Self-Help, Guided Self-Help and Blended Care*. Study Protocol for Assessing Real-world Data. Poster presented at the annual meeting of the Belgian Association for Psychological Sciences, Leuven.
- De Witte, N. A. J., Debard, G., Standaert, W., Tarnogol, F., & **Van Daele, T.** (2022, June). *Augmented Reality for specific phobia: an experimental comparison between a smartphone and a HoloLens 2 implementation*. Poster presented at the annual meeting of the Belgian Association for Psychological Sciences, Leuven.
- Klein, S., Genné, B., Bernaerts, S., & **Van Daele, T.** (2022, juni). *Relaxation in a 360° natural environment: a comparison between smartphone VR and high-end VR*. Poster presented at the annual meeting of the Belgian Association for Psychological Sciences, Online.
- Van Assche, E., Bonroy, B., Mertens, M., Van den Broeck, L., Desie, K., Riper, H., & **Van Daele, T.** (2022, June). *The potential of e-mental health treatment for depression in addition to treatment as usual: An implementation study in inpatient mental health settings in Belgium*. Poster presented at the annual meeting of the Belgian Association for Psychological Sciences, Online.
- Ionescu, A., **Van Daele, T.**, Rizzo, A., Blair, C., & Best, P. (2021, May). *360° videos for immersive mental health interventions: state of the art*. Paper presented at the annual meeting of the Belgian Association for Psychological Sciences, Online.
- De Craene, F., Ionescu, A., Boel, C., Struyf, D., Koninckx, B., & **Van Daele, T.** (2021, May). *Palletizing like a pro: the potential of immersive virtual reality to learn box stacking*. Poster presented at the annual meeting of the Belgian Association for Psychological Sciences, Online.
- Van Daele, T.**, Bernaerts, S., Van Assche, E., Willems, S., Belmont, A., De Witte, N. A. J. (2020, May). Online consultations by mental healthcare professionals during the COVID-19 pandemic. In C. Douilliez & M. Vansteenkiste (Chair), *Perspectives from applied and clinical psychology on COVID-19*. Invited symposium at the Belgian Association for Psychological Sciences Virtual Conference, Online.
- Verdonck, S., **Van Daele, T.**, & Mestdagh, M. (2019, September). *m-Path workshop: your for experience with a blended approach*. Workshop presented at the 12<sup>th</sup> Flemish Conference on Child and Adolescent Psychiatry and Psychotherapy, Leuven, Belgium.
- Van Daele, T.** & Tarnogol, F. (2019, May). *Augmented reality and animal phobia: the potential of the Phobos AR smartphone app to elicit feelings of anxiety*. Paper presented at the annual meeting of the Belgian Association for Psychological Sciences, Liège, Belgium.
- Van Assche, E., Bonroy, B., Baldewijns, K., Van den Broeck, L., Desie, K., & **Van Daele, T.** (2019, May). *E-mental health (research): Insights into opinions and attitudes of mental healthcare organizations in Flanders*. Paper presented at the annual meeting of the Belgian Association for Psychological Sciences, Liège, Belgium.
- Struyf, D., Willems, S., **Van Daele, T.**, & Koninckx, B. (2019, May). *A pilot study on the use of immersive technologies in the teaching of automotive technology students*. Paper presented at the annual meeting of the Belgian Association for Psychological Sciences, Liège, Belgium.
- Van Daele, T.** (2019, March). Online tools for depression and suicide, from prevention to after care: general framework. In T. Van Daele (Chair), *Online tools for depression and suicide, from prevention to after care*. at the Flanders' Care conference online care for wellbeing and health. Brussels, Belgium.
- Debard, G. Sels, R., Mertens, M. De Witte, N. A. J., **Van Daele, T.**, Bonroy, B. (2018, November). *Carewear: using wearables in mental healthcare*. Poster presented at the 17<sup>th</sup> National Day on Biomedical Engineering. Brussel, Belgium.

- Scheveneels, S., Boddez, Y., **Van Daele, T.**, & Hermans, D. (2018, September). *Het vormen van een "veiligheidsgeheugen" tijdens virtual reality exposure therapie bij spreekangstigen*. Paper presented at the Ninth Flemish Mental Health Conference. Antwerp, Belgium..
- Van Daele, T.** (2018, May). The potential of online self-help interventions for primary mental health care. In A. Dewaele (Chair), *Primary mental health care and early interventions*. Invited symposium conducted at the annual meeting of the Belgian Association for Psychological Sciences, Ghent, Belgium.
- Van Assche, E., Van den Broeck, L., Bonroy, B., Baldewijns, K., Desie, K., & **Van Daele, T.** (2018, May). *The potential of blended depression treatment. Research protocol for a transregional implementation study*. Poster presented at the annual meeting of the Belgian Association for Psychological Sciences, Ghent, Belgium.
- De Witte, N. A. J. Vanhoomissen, T., Bonroy, B., Debar, G., Sels, R., Mertens, M., & **Van Daele, T.** (2018, May). *Wearable technology for mental health care: the Carewear implementation study*. Poster presented at the annual meeting of the Belgian Association for Psychological Sciences, Ghent, Belgium.
- Buyck, I., Vanhoomissen, T., Mertens, M., Bonroy, B., & **Van Daele, T.** (2017, May). *The feasibility of the use of wearable technology in mental healthcare*. Poster presented at the annual meeting of the Belgian Association for Psychological Sciences, Brussels, Belgium.
- Van Daele, T.**, Buyck, I., Vanhoomissen, T. (2016, September). *Wearables in de geestelijke gezondheidszorg*. Paper presented at the Eighth Flemish Mental Health Conference. Antwerp, Belgium.
- Buyck, I., Vanhoomissen, T., Bonroy, B., Mertens, M., & **Van Daele, T.** (2016, September). *Carewear: een onderzoek naar het potentieel van draagbare technologie in de geestelijke gezondheidszorg*. Poster presented at the Eight Flemish Mental Health Conference. Antwerp, Belgium.
- Maetens, K. & **Van Daele, T.** (2016). *Reducing technostress: a systematic review on interventions and their components*. Poster presented at the annual meeting of the Belgian Association for Psychological Sciences, Antwerp, Belgium.
- Van Gorp, C. & **Van Daele, T.** (2016, May). *Picture your day: the potential of wearable cameras for depression prevention*. Poster presented at the annual meeting of the Belgian Association for Psychological Sciences, Antwerp, Belgium.
- Van Daele, T.** (2015, September). *Increasing interaction with mobile technology*. Paper presented at the touch2learn seminar, Leuven, Belgium.
- Meersman, M. & **Van Daele, T.** (2015, May). *Apps for anxiety disorders: exploration and evaluation of the current situation*. Poster presented at the annual meeting of the Belgian Association for Psychological Sciences, Brussels, Belgium.
- Schrauwen, E., Kalkan, S., Daniëls, N., Jacobs, N., & **Van Daele, T.** (2015, May). *Technology in clinical practice: perceptions & attitudes of mental health professionals*. Poster presented at the annual meeting of the Belgian Association for Psychological Sciences, Brussels, Belgium.
- Van Daele, T.**, Peetermans, M., & Lievens, J. (2015, May). *Tablets and smartphones in higher education: good practices to facilitate usage*. Paper presented at the 2015 LNO<sup>2</sup> congress 'The teaching assistant investigated: searchlight on educational symbiosis'. Ghent, Belgium.
- Van Daele, T.** (2014, May). Implementation of a group psychoeducational intervention for stress. Results and suggestions for future intervention studies. In J. Verstuyf (Chair), *Promoting mental health in Flanders*. Symposium conducted at the annual BAPS meeting, Leuven, Belgium.
- Van Daele, T.**, Vansteenwegen, D., Hermans, D., Van Audenhove, C., & Van den Bergh, O.

- (2012, September). *Effectiveness of a stress reduction program for groups*. Paper presented at the Sixth Flemish Mental Health Conference. Antwerp, Belgium.
- Van Daele, T.,** Van den Bergh, O., Hermans, D., & Van Audenhove, C. (2011, October). *Stress in Flanders: perspectives of psychoeducation as a primary care intervention*. Paper presented at the Policy Research Centre WHF seminar. Leuven, Belgium.
- Van Daele, T.,** Hermans, D., Van Audenhove, C., & Van den Bergh, O. (2011, October). *What is the participant profile in psychoeducational group interventions for stress?*. Poster presented at the Policy Research Centre WHF seminar. Leuven, Belgium.
- Van Daele, T.,** Hermans, D., Van Audenhove, C., & Van den Bergh, O. (2011, October). *STAP, tackling stress*. Poster presented at the Policy Research Centre WHF seminar. Leuven, Belgium.
- Van Daele, T.,** Van den Bergh, O., Hermans, D., & Van Audenhove, C. (2010, December). *Process evaluation of a trial implementation. STAP as a practical example*. Paper presented at the Policy Research Centre WHF seminar. Leuven, Belgium.
- Van Daele, T.,** Hermans, D., Van Audenhove, C., & Van den Bergh, O. (2010, December). *STAP, tackling stress. A systematic meta-analytic review of psychoeducation for stress*. Poster presented at the Policy Research Centre WHF seminar. Leuven, Belgium.



## HONORS AND AWARDS

2023	Best Poster award for onlinehulp-apps.be awarded at the 7th European Society of Internet Interventions Conference
2021	Veli Pekka Niitamo award for Best Research Paper awarded at ENoLL's Digital LivingLab Days
2020	PsychSolutions Finalist awarded by the American Psychological Association
2020	Human Interest TV and Video winner, for Pano – Secret on Instagram awarded by the Association for International Broadcasting
2020	Yearly Prize Science Communication awarded by the Royal Flemish Academy of Belgium for Science and the Arts
2019	Veli Pekka Niitamo award for Best Research Paper awarded at ENoLL's Open LivingLab Days
2019	Travel expense award for ECP congress awarded by Research Foundation – Flanders
2018	2 <sup>nd</sup> place poster for Carewear awarded at the 5th European Society of Internet Interventions Conference
2016	Travel expense award for 2016 BABCP convention awarded by Research Foundation – Flanders
2013	Travel expense award for 2013 EHPS convention awarded by Research Foundation – Flanders & by Academic Foundation Leuven
2012	Travel expense award for 2012 APA convention awarded by Research Foundation – Flanders & by Academic Foundation Leuven

## PROFESSIONAL MEMBERSHIPS

- Superior Health Council of Belgium  
*Active expert (2021 – current)*  
*Chair for the project group on technology in mental healthcare (2022 – current)*
- Belgian National Institute for Health and Disability Insurance  
*Member of the Telemedicine Working Group (2020 – current)*
- Center for Research on Experience sampling and Ambulatory methods Leuven (REAL)  
*Member (2020 – current)*
- Network Online Care Flanders  
*Partner (2018 – current)*
- European Federation of Psychologists' Associations  
*Convenor of the Project Group on e-Health (2019 – current)*  
*Convenor of the Task Force on e-Health (2017 – 2019)*  
*Member of the Task Force on e-Health (2016 – 2017)*
- Flemish Agency for Care and Health  
*Member of the expert panel for applications of mental health professions (2021 – 2023)*
- Registration commission for psychologists in Belgium  
*Effective committee member (2013 – 2020)*
- Alumni of Psychology and Educational Sciences Leuven  
*Member of the general assembly (2009 – 2020)*
- Flemish Association for Clinical Psychologists  
*Board member and head of communications (2011 – 2016)*

- American Psychological Association  
*International Affiliate (2020 - current)*
- Belgian Federation of Psychologists  
*Member (2013 - current)*
- Flemish Association for Clinical Psychologists  
*Member (2011 - current)*
- European Society for Research on Internet Interventions  
*Member (2008 - current)*
- Belgian Association for Psychological Sciences  
*member (2014 - 2020)*

#### ADDITIONAL INFO

- C2 attestation English (IELTS 8.0)
- Good Clinical Practice certificate  
by The Global Health Network (February 2021)